

Toward New Models of Trauma Healing and Recovery

— Art, Business, and Academia in Dialogue

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TRAUMA
RECOVERY

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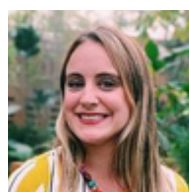
Denise Saint Arnault

Professor, University of Michigan



Kyle Linton

Founder and Executive
Director, Our Wave



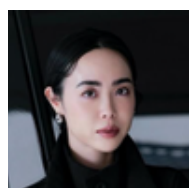
Laura Sinko

Assistant Professor, Temple University
Director of Research and Survivor
Support, Our Wave



Kleio Koutra

Associate Professor,
Hellenic Mediterranean University



Sakura Tsuruta

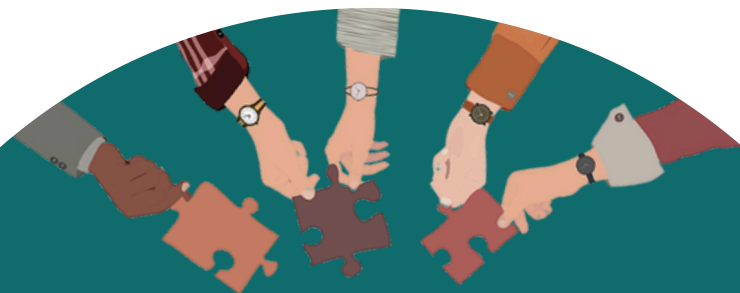
Electronic Music Producer



Sachiko Kita

Representative Director,
Institute of Trauma Recovery

Register now!



Interdisciplinary Collaboration

Art × Business × Academia

Trauma Recovery International Conference

November 18, 2025

1–5 PM (Doors open 30 minutes prior)

Venue **Suntory Hall “Blue Rose”**

Capacity **300** (first-come-first-served basis)

Participation **5,800yen** (After tax)

Language **Simultaneous Interpretation
(Japanese-English)**

Please bring smart phone and wired earphones.
Bluetooth may cause interference.

Registration <https://trrecovery.peatix.com/>

Contact/Organized by: Institute of Trauma Recovery  contact@t-recovery.or.jp

Co-organized by: Innoh Associates Inc.



Denise Saint Arnault

Ph.D. in Medical Anthropology (Wayne State University). Professor at the University of Michigan, Founder and Representative Director of the Multicultural Study of Trauma Recovery consortium (MiStory) focusing on trauma recovery in 13 countries around the world, and Research Advisor at the Institute of Trauma Recovery. She developed the Clinical Ethnographic Narrative Interview (CENI), an interview method to encourage narrative expression for recovery from trauma survivors internationally. She has also directed and developed methods to understand trauma recovery.



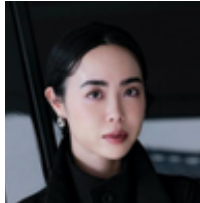
Kleio Koutra

Ph.D. in Social Work in Public Health (University of Crete). Associate Professor at Hellenic Mediterranean University, and Director of the Laboratory of Applied Social Research and Social Work. She is a member at the Institute of Trauma Recovery and a board member of MiStory. Most recently, she has been appointed as an Associate Member of the Rutgers Global Health Institute (USA). Her work combines extensive research expertise focusing on the cultural and contextual dimensions of trauma recovery from gender-based violence. She has led and contributed to numerous international research collaborations and is deeply committed to amplifying the voices of survivors and advancing inclusive approaches to trauma recovery.



Kyle Linton

Founder and Executive Director of Our Wave, and Member at the Institute of Trauma Recovery. a US-based non-profit. Kyle is an experienced business leader who has owned, operated, and sold several software and lifestyle businesses. In 2018 he was inspired to create a safe online community for trauma survivors after a close friend experienced sexual harm. Established in the United States, Our Wave has since grown to support over 300,000 survivors across 69 countries.



Sakura Tsuruta

Electronic Music Producer. Tsuruta's journey into music began with a deep belief in its power to heal. She studied Music Therapy at Berklee College of Music and worked in hospice care, where she discovered how music technology could expand access to self-expression for people with disabilities. This led her back to Berklee to study Electronic Production & Engineering, blending therapeutic insight with new tools for sonic expression. Now based in Japan, she moves fluidly between composition, performance, and education, with projects ranging from high-fashion collaborations to guest lectures at universities in Japan and abroad. She was featured on the cover of Forbes JAPAN's "100 Paths to Saving the World," recognized for her work toward greater gender equity in the music industry.



Laura Sinko

Ph.D. in Nursing (University of Michigan). Assistant Professor at Temple University in Philadelphia, Director of Research and Support Our Wave, Board Member of MiStory, and Member at the Institute of Trauma Recovery. She is a certified Sexual Assault Nurse Examiner (SANE) and has been conducting research on health equity and social transformation, with a focus on gender-based violence. She has developed a photo-based narrative interview method "Photo-experiencing and Reflective Listening (PEARL)," aimed at understanding the healing processes and behaviors of trauma survivors. This method has been used for trauma survivors in both the United States and Japan.



Sachiko Kita

Ph.D in Public Health (University of Tokyo). Founder and Co-representative Director of the Institute of Trauma Recovery and Board Member of MiStory. Her area of expertise is gender-based violence (GBV), including intimate partner violence, child abuse, and sexual violence. For approximately 20 years, she has been engaged in research and activities that contribute to the development of clinical interventions, system and policy to create a society free from violence—where all individuals can recover physically, psychologically, and socially from trauma. In April 2025, she has founded the Institute of Trauma Recovery.

part1

Learn, Think

2hours

part2

Feel

2hours

Keynote Speech	Denise Saint Arnault Understanding the Dimensions of Interpersonal Trauma and Trauma Recovery : A Call to Action
Panel Discussion	Denise Saint Arnault et al Survive the Trauma Era: Survivorship and Resilience Around the World
Introduce Topics	Kyle Linton × Sachiko Kita × Kotaro Ike A New Business and Support Model for 'Art × Business × Academia'
A Short Movie	Laura Sinko Finding The Strength To Heal Explanations of the background, motivation, and back story of the films' production
Cross Talk	Laura Sinko × Sachiko Kita Talks about photos and arts taken by survivors in Japan and States
Cross Talk	Denise Saint Arnault × Laura Sinko × Kleio Koutra × Sachiko Kita Offers trauma recovery voices and works in_ countries around world
Performance	Sakura Tsuruta Music performances inspired by trauma recovery